Board Initiatives



1. Focusing on Clients and Families

- **Support and Education** There is ongoing need to focus and expand the number and quality of our support groups available to the community including support group facilitator training.
 - o NAMI -
 - o Suicide Survivors
 - o <u>Depression / Bipolar</u>
 - o Divorce
 - o Grief
 - o Grandparent Raising Kids
 - o LOSS
 - o <u>LGBT</u>
 - o Needly Wellness

• Community Awareness Campaign

- o Web Site, Social Media, News, and Direct Mail
- o Program Presentations
- ROSC Training
 - o Board Staff
 - Agency Staff
 - o Board Members
- Client's Rights Focus
 - o Responding to concerns and complaints
 - o Working with agencies to develop and enhance individualized care plans

2. Ensuring Timely Access to Care

- Access to Care In 2014 the Board continued to make strides in enhancing access to care with the expansion of the Crisis Stabilization Unit to 16 beds, and the implementation of Access / Screening Units in every county. This year the plan is to continue that availability through outreach.
 - o Explore developing a clear "front door" to the 799 Building for initial contact and SBIRT as well as more welcoming initial experience
 - Continue to explore and enhance *Care Navigator* (System Spanner and Connector) at CSB, Jails, Courts, Staffing Agencies, Residential Programs, etc. Engaging people as quickly as possible significantly increase the chances for follow through to education, support, or treatment.
 - <u>Crisis Stabilization Unit</u> Continue to develop the CSU 16 bed and expand some beds to serve as subacute detox units for those wishing to recover from opiate addiction.
- Housing Supportive and Intensive / Assisted Living Eight years ago the Board made a commitment to increase the availability of housing and to enhance

Board Initiatives

both the quality and the type of housing aimed at providing an array of independent living opportunities from most restrictive to least restrictive.

- Twenty four bed Union Square fund 24 hour supportive staffing once the project is completed in Spring 2015
- Explore Independent Living with Supports Similar to Union Square, explore the feasibility of an addition 24 36 units
- <u>Supportive Living</u> community based housing units with 4 8 hours of care
- Assisted Living
 – Explore the feasibility of increasing the number of 24
 hour care units from the current 11 units including assisted and supportive
 living environments for persons with mental illness or addiction.
- Group Home Living Explore a 10 bed full service housing unit with 24 hour clinical staffing available including nursing staff for those with exceptional housing needs.
- <u>Recovery Housing</u> Explore the feasibility of developing permanent supportive recovery housing with supportive functions provided by trained Recovery Coaches similar to the supportive housing already developed for clients with mental illness.

Treatment

- <u>Telemedicine/Video Conferencing</u> The goal this year is to expand video medicine to all three counties as a result of ODMH funding for this purpose. Studios will be available in all three counties with an initial outreach video medicine installation planned for the Auglaize County Jail. Video conferencing will expand to reduce travel and increase efficiencies for face to face meetings.
- Recovery Oriented Systems of Care Connecting with the OACBHA Blueprint and it's five year plan, the Board will work to inform itself, its contract agencies, and the communities it serves about the principles of ROSC.

Trauma-Informed Care

- <u>Training for system staff</u> this is a major focus for staff development. Many program dollars are being tied to having expertise in trauma-based approaches including EMDR
- <u>Developing Trauma-Informed Outcome Measures</u> board staff and agencies will need to develop performance measures around agencies implementing trauma informed care.
- <u>Detox Units</u> Explore the possibility of contracting for Detox beds at St. Rita's Medical Center.
- Recovery Coaching Expanding this use of peer support and intervention programs to all three counties including the areas of sober housing.
- o Medication Assisted Treatment Expand the number of practitioners.
- "Kids Crisis Response" Expand and enhance crisis services to children and families by creating a response team of children and youth mental health specialists.

• Community Awareness Campaign

 Raise awareness as to the array and scope of services available in each county

3. Promoting Healthy, Safe, and Drug Free Communities

- Coalition Building Already identified as a Prevention initiative, coalition building has been one of the major strengths of the Board. Developing the internal staff expertise in the area of coalition building will require an investment of time and resources.
 - o Developing internal expertise in coalition building.
 - Reentry Coalition Expanding the already successful coalition "Open Gate" in Allen County to Hardin and Auglaize Counties.
 - Screening Brief Intervention Referral and Treatment (SBIRT)
 - Education and Support
 - Treatment and Intensive Out Patient (IOP)
 - Suicide Prevention Coalitions Continuing the work of these successful coalitions in all three counties.
 - Chamber Workforce Outreach Coalitions This is a developing body of work focused on earlier intervention around substance abuse and working with local chambers and employers to identify and refer persons with the goal of creating a healthy, drug-free workforce. The coalition includes working with high schools and colleges.
 - Screening Brief Intervention Referral and Treatment (SBIRT)
 - Education and support
 - Treatment
 - Prevention Coalitions Working with local coalitions such as Activate
 Allen County, Promoting Health Communities, and Healthy People 2020 to ensure that behavioral health is part of the conversation.
 - <u>Disaster and Critical Incident Coalitions</u> Critical Incident Stress
 Management (CISM) and the Board Incident Command Structure (ICS)
 have combined to create an effective response to tragedies in our area.
 This is a continuing body of work.
- Prevention, Early Intervention, Outreach, Resiliency Board Staff will work
 to develop such a plan in the coming year utilizing the <u>Strategic Prevention</u>
 <u>Framework (SPF)</u> and based on <u>Recovery Oriented Systems of Care</u> principles.
 This will include a focus on research based practices with proven outcomes.
 - PAX Good Behavior Game a well-researched early intervention that has
 proven to reduce substance abuse, mental illness and attention deficit
 behavior and to increase resiliency in young people
 - o <u>Enhanced Public Presence</u> and Awareness utilizing newsletters, website, video, social media, bloggers, and public presentations

- School Programing Coordinators A significant expansion of the Board's outreach occurred last year with the full implementation of school programming coordinators available to every school in the three counties.
- We Care at Work Outreach to the business community through the Chambers of Commerce to expand Drug Free Work Place Model.
- o <u>Nurturing Health Communities Training</u> Teaching PAX kernels to providers working with families and children.
- Mental Health First Aid Utilize the 9 local trainers to expand awareness to the general public that helps them to identify early, understand, and respond to mental illness and addiction.
- Healthy and Drug Free Events Soberfest, the Suicide Awareness Walk have been significant events to bring this vision of well-being and resiliency to the wider community.
- Outreach to Special Populations Identification and development of well researched and culturally competent programs

• Community Awareness Campaign

- o Promote and support prevention and wellness programs
- Educate the community on the signs and symptoms of mental illness and addiction

4. Prioritizing Accountable and Outcome - Driven Financing

- Needs Assessment and Outcome Oversight The Board will work to develop a method for assessing the needs of the community by reaching out to key stakeholders, families, and clients as well as ensuring that the programs being funded are achieving the outcomes they intend.
 - <u>Customer and Stakeholder Satisfaction</u> Periodically asking groups of stakeholders, families, and clients for input on key strategic areas and promote Website Satisfactrion Survey
 - <u>PFA</u> This year review and reconstruct the outcome reporting method developed over 10 years ago. A consultant will be engaged to develop a new more focused outcome reporting method.
 - <u>Various Internet Technologies</u> Utilizing various social media and other internet based technologies to reach out to residents.
 - <u>Direct Mail</u> Explore the possibility of a direct mail needs assessment campaign.

• Strategic Prevention Framework (SPF)

- Incorporate this national model as the method for assessment and outcome reporting
- Reserves \$1,000,000 Our goal is to span the next fiscal year and a half until the full impact of the New Levy, Medicaid Reform, and the Health Exchanges is fully realized.

- **Levy** With the passage of the New Levy in May it is imperative that the Board communicate its progress with service implementation to every community as well as prepare for the upcoming renewal levy in May of 2015.
 - o Continue to outreach to service clubs in each community.
 - o Prepare for the upcoming renewal levy campaign
- Community Awareness Campaign
 - Create Community Awareness presentations for key stakeholders in each county.

5. Locally Managing Systems of Care

- Horizons Alliance Initiative Horizons Alliance is a group of five Boards representing 12 counties and approximately 1.1 million people. Boards participating are: (1) Allen, Auglaize, Hardin; (2) Miami, Darke, Shelby; (3) Clermont; (4) Clark, Greene, Madison; (5) Warren, Clinton. The priorities for this Alliance are:
 - o Comprehensive Prevention and Wellness –
 - Shared Functions Exploring ways to share certain common function such as data, evaluation, and quality assurance.
 - Shared Advocacy
- Training
 - o Coalition Building -
 - Six Sigma Develop improved processes for system improvement and initiative development and implementation
 - Trauma Informed Care Work to enhance opportunities for training providers and the community.
 - o Decision Processing –
 - o SPF -
 - o ROSC -
- Board Member Training and Awareness

