



# CISM: GROUP CRISIS INTERVENTION

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and specific protocols for, large and small group situations.

## Program Highlights

- Introduction to Stress and Crisis Intervention
- Overview of CISM
- Crisis Communication Skills
- Active Listening & Role Playing
- Psychological Reactions to Stress
- Group Crisis Intervention Techniques
- Interventions
  - Rest Information Transition Svcs
  - Crisis Management Briefing
  - Defusing
  - CISD
  - SAFE-R
  - Referral

**Marriage and Counselor Credit in the State of Ohio** (pending)

**EMS CME** - Bluffton EMS #1209

**Prevention** - Prevention First

Completion of "CISM: Group Crisis Intervention" and receipt of a certificate indicating full attendance (14 contact hours) qualifies as a class in ICISF's Certificate of Specialized Training Program



The Tri County Alcohol, Drug Addiction, Mental Health Services Board serving Van Wert, Mercer, and Paulding Counties



**May 24, 2021**  
**8:00am - 3:30pm**

**May 25, 2021**  
**8:00am - 3:30pm**

Lima City Schools  
South Middle School  
755 St Johns Ave.  
Lima, Ohio 45804

(Lunch not included)

On-Line Registration:  
[cism.care](http://cism.care)

2 day - 14 hour training  
Both Sessions Are Required  
for Completion

Presented By:

Chief (Retired) Rick Skilliter,  
OCPS, CCISM  
Superintendent Meri Skilliter,  
M.Ed., CCISM  
Reverend Terry Hunt

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All State of Ohio pandemic protocols will be followed. If Allen county should go to "red", all in-person trainings will be re-scheduled.