I mind if you Juul.

I mind if you're falling behind in school.

I mind that you can't compete with us in the competition.

I mind our team is losing because you can't play.

I mind that this is hurting your health.

- Parent, Teacher, Coach, Teammate, Doctor -

INFO TO KNOW

Saturdays from 9 am - 3 pm

Grades 9-12 Class Dates: 4/2/22, 4/9/22, 5/7/22, 5/14/22, 6/4/22, 6/11/22

Grades 7-8 Class Dates: 3/19/22, 4/23/22, 5/21/22

Register at wecarepeople.org/imindprogram

Lunch is covered in the registration fee and provided on site

IN PARTNERSHIP WITH

• MHRSB of Allen, Auglaize, and Hardin Counties

• PASS

- Coleman Professional Services
 - Family Resource Center
- Cornerstone of Hope Christian
 Counseling
- Mercy Health St. Rita's Medical Center
 - Lima Memorial Health System

CONTACT

PASS dtegenkamp@passaah.org 419-549-8530

Brought to you by



Mental Health & Recovery Services Board of Allen, Auglaize, and Hardin Counties

A SATURDAY INTERVENTION PROGRAM FOR SCHOOL ALCOHOL AND OTHER DRUGS DISCIPLINE POLICIES

I MIND A SATURDAY INTERVENTION PROGRAM FOR SCHOOL AOD DISCIPLINE POLICIES

Was a student caught vaping? Did someone bring alcohol to campus? Has the student otherwise violated the school's Alcohol or Other Drugs (AOD) policy?

Discipline often comes with the side effect of taking the student out of their school, sports, and other activities. Students facing their first offense need prevention programming and a positive community to turn from potential substance use disorders.

I Mind is an option to avoid or reduce exclusion and provide a restorative option at no cost to the schools. It is a voluntary one-day weekend program to help students return to school or after-school programs as quickly as possible. I Mind re-connects students to their positive communities with the tools to avoid substance use.

The program can be included in your school's discipline policy, as schools deem appropriate. For example, **I Mind** can be used in lieu of suspension.

PROGRAM

I **Mind** consists of evidence informed education and a SASSI assessment.

"Top 10 Myths About Alcohol & Drugs" is the prevention programming to educate students on the realities of drug and alcohol use. Topics will include prevention on smoking, vaping, alcohol, marijuana, and other drugs.

A small group discussion will transpire over lunch. The Substance Use Disorders Intervention will focus on addiction intervention and treatment resources.

Each student will take a Substance Abuse Subtle Screening Inventory (SASSI) as a tool in assessing substance use disorders. The SASSI screening will be shared with the parents at a later time after the assessment is reviewed. The school will not receive or have access to the screening results. Parents will receive results through the School Navigator.

PROCESS

- 1) School contacts parents with **I Mind** information when a student violates the AOD policy.
- 2) Parent registers their child for that immediate Saturday.
- 3) Student attends the **I Mind** Saturday intervention program.

- 4) Student receives a certificate of completion which must be turned in to their principal.
- 5) School Navigator follows up with student and communicates with parents the SASSI Report and other intervention recommendations.

WHAT ARE YOUR RESPONSIBILITIES?

SCHOOL - Contact parents & School Navigator, receive certificate of completion

PARENT - Register & pay for program, communicate with School Navigator about student's SASSI Report and intervention recommendations

STUDENT - Attend **I Mind**, give principal certificate of completion, meet with School Navigator

REGISTRATION IS EASY!

Parents can easily register at wecarepeople.org. The cost is \$25. It covers lunch, the SASSI Report, and helps with other program costs.

*A hardship form is available with the school's principal for parents unable to cover the \$25.