Mental Health & Recovery
Services Board of Allen,
Auglaize, and Hardin Counties

# ANNUAL REPORT 2020

"To Reach Out and Provide Vital Prevention and Treatment to Any Resident"

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## 2020 IN REVIEW Tammie Colon, Executive Director

What a year! We experienced amazing stories of success and resilience in our system and with those we serve. No Board Director could be prepared for an event such as this. The MHRSB team and our contract partners came together in the most unique ways to support one another, continue to provide care for our most vulnerable community members, and strengthen genuine relationships through the pandemic. Our system is stronger, yet more flexible than it ever has been, and I am honored to be a part of it. We have expanded our knowledge on effectively caring for people during unprecedented times, as well as learning the roles that community partners have in caring for our community members. We have discovered how to bring them most efficiently and effectively all together for the sake of the individual, establishing lasting relationships.

#### **SCHOOLS**

Our continued commitment to improve and enhance services in all school districts has been significantly strengthened this past year. We have expanded Navigation Services to all schools who have made the request. We have begun strategic planning with some of our schools for future district-wide screenings and prevention services. Our school crisis work has been well-received and utilized, serving children and families in a very private and individualized way. We established a monthly School Behavioral Health Connections meeting. This is available to school personnel responsible for managing behavioral health needs to share new initiatives, receive feedback on services and needs within the school, as well as providing a networking opportunity for school personnel to create relationships with community organizations and share resources.

#### **OPIOID EPIDEMIC**

The Board established the Family Stabilization Outreach service in partnership with county Children Service Agencies which has been extremely rewarding. Our work aligns with the Governor's investment to keep families together with safety measures in place. Thus, our preemptive strike and commitment to keeping families intact will be more enhanced in the future. Our investment with Mercy Health/St. Rita's office-based Opioid Treatment provider has supported thousands of individuals in their addiction battle and provided Medication Assisted Treatment and Navigation Services to improve their opportunities for recovery.

#### **NEW COLLABORATIONS**

It is imperative that the Board identify and work with private treatment agencies to ensure that our community constituents have access to care. The nationwide professional shortage for public behavioral healthcare is a healthcare crisis. This year we entered into a contractual arrangement with Cornerstone of Hope who is becoming a strong partner with innovative programming for our community.

#### **MINORITY OUTREACH**

The Minority and Faith Based Outreach Navigator continues to be highly effective in getting individuals engaged in treatment. This position has navigated hundreds of individuals into outpatient treatment for both mental health and addiction services. With the recognition of the health inequities among our minority community members, the Board is currently working on a strategic plan for FY 2021 that will include specific actions steps to eliminate disparities within the behavioral health system. This challenge will come with lots of growing pains for our system and we are excited to be part of the solution.

#### **MOBILE RESPONSE**

Coleman Professional Services, in partnership with the Board, developed and implemented a new Mobile Response Stabilization Service for families experiencing a "family challenge" but not necessarily constituting a psychiatric emergency. It is an additional service to our prevention/early intervention work. The reviews from community stakeholders and families served have been outstanding.

#### **VISTA WORKER**

The board took on a new adventure and partnered with Ohio Association of County Board Authorities and was a site for a Vista Worker. This position did amazing things for our community. She enhanced our community outreach opportunities to reduce mental health and substance use stigma through education via social media, community engagement and training. She conducted meetings with local partners to determine the educational needs of the community, related to reduction of stigma. She completed surveys with community partners gathering information about educational needs and assisted in the creation of trainings and activities for Allen, Auglaize, and Hardin County treatment and recovery support service providers.

#### COVID-19 PANDEMIC RESPONSE

The Board's focus during the introduction of this pandemic was to ensure that agencies were fiscally supported to ensure individuals still had access to services. We assisted in obtaining equipment for tele-health, supplying PPE to agencies and consumers, participated in community stakeholder meetings to ensure behavioral health was considered in our community responses, and re-engineered services so they could be provided through tele-health. For those programs that could not be provided through tele-health we used staff time to do outreach, deliver food, care calls, etc. The flexibility with the fiscal support is what helped our community stay as closely connected to services as possible.

## WE CARE REGIONAL QUALITY RECOVERY HOUSING

This new initiative was for a contractual arrangement with an administrative agency to provide fiscal support for individuals residing in Certified Recovery Homes. In addition, the WCRQRH provided on-site consultation and guidance to ensure that all the homes in our three-county area became certified. This was a big accomplishment for our community and the residents that are served in these homes.

#### **BOARD OF DIRECTORS**

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#### FY 2020 ANNUAL REPORT

#### **SCHOOL-BASED PREVENTION SERVICES**

Our focus is to provide on-site services to the schools to ensure students are being connected to services and are receiving evidence-based prevention services.

537 students were served in the schools for S-BIRT screening services.

361 students were served in the schools in targeted mental health groups.

1,544 students were served in the schools in the drug and alcohol prevention program Refuse Remove Reasons.

2,068 students were served in the schools in the suicide prevention Lifelines program.

756 students were served in the schools in the drug and alcohol prevention program Too Good for Drugs.

574 students participated in youth-led Gatekeeper groups in 23 schools.

#### **I-MIND**

I-MIND is a new evidence-informed education and early intervention substance use program for middle and high school youth. It gives youth the tools to avoid further substance use and helps them return to school or school programs quickly.

56 youth were served in I-MIND.

#### MOBILE RESPONSE STABILIZATION SERVICE

MRSS continued to expand and provide a valuable service this year to aid in resolving family's crises by providing skills and support in the home environment.

94 families were served by the MRSS team.

#### FAMILY STABILIZATION NAVIGATION

Family Stabilization Navigation is a new program developed this year in collaboration with local Children's Services Agencies. The goal of the program is to link parents to substance use treatment immediately to avoid removal of their children from the home.

74 families were served by Family Stabilization Navigation.

#### **CRISIS STABILIZATION UNIT**

The Crisis Stabilization Unit provided medically managed withdrawal and mental health treatment to more individuals.

968 individuals were served for mental health stabilization.

342 individuals were served for medically managed withdrawal.

#### **MOBILE CRISIS SERVICES**

Mobile Crisis Services continue to be a high demand for the community with continued Daytime Crisis Services being offered at our local schools.

142 youth were served who were in crisis.

1693 adults were served who were in crisis.

#### HOUSING

Housing continues to be a priority for the Mental Health & Recovery Services Board. Our goal is to continue to expand housing for those in need.

108 individuals were served in Supportive Housing.

218 individuals were served in Recovery Housing.

#### **CRIMINAL JUSTICE**

The Board has great collaboration with the courts, jails, prisons, and law enforcement to connect clients involved with the criminal justice system to services with a goal of expanding these services.

277 adults were served by Criminal Justice Coordinators.

201 youth were served by Juvenile Court Liaisons.

### MERCY HEALTH INPATIENT DETOXIFICATION AND NAVIGATION

The Board helped to support St. Rita's Mercy Health with detoxification services for those with alcohol and opiate addiction as well as MAT navigation services at one of Mercy's medical practices.

88 adults were financially supported for Medically Managed Withdrawal at St. Rita's Mercy Health.

460 adults receiving MAT services were provided navigation services to Outpatient and Recovery Support Services.

#### MINDWISE ONLINE SCREENING

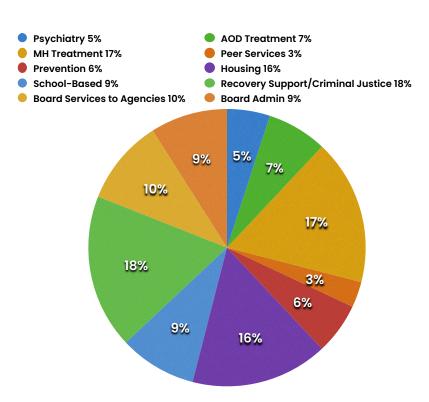
The Board provides access to 14 free and anonymous online Mental Health and Substance Use Screening tools. Behavioral health is a key part of overall well-being. Brief screenings are the quickest way to determine if an individual or someone they care about should connect with a behavioral health professional. This program is completely anonymous and confidential, and immediately following the brief questionnaire individuals will see their results, recommendations, and key resources.

492 individuals utilized the screening tool in FY 20.

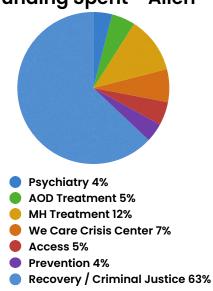
73% of those who took a screening with results indicating treatment would be beneficial stated that they would seek treatment.

#### Non-Medicaid Services

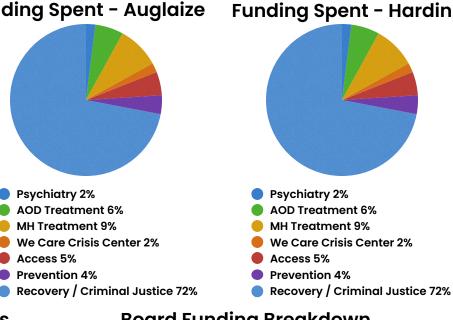
\$ 384,810	Psychiatry
\$ 542,520	AOD Treatment
\$ 1,280,010	MH Treatment
\$ 254,289	Peer Services
\$ 437,199	Prevention
\$ 1,147,881	Housing
\$ 644,014	School Based
\$ 1,306,300	Recovery Support/Criminal Justice
\$ 747,339	Board Services to Agencies
\$ 664,000	Board Administration
\$ 7,408,362	TOTAL







Funding Spent - Auglaize



#### **Levy Collections**



#### **Board Funding Breakdown**

