

Mental Health &
Recovery
Services Board of
Allen, Auglaize,
and
Hardin Counties

Annual REPORT

Fiscal Year 2021

*"To Reach Out and Provide Vital
Prevention and Treatment to
Any Resident"*



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2021 In Review

Tammie Colon, Executive Director

While uncertainties remained this year as individuals and organizations continued to navigate through the Pandemic, what we had predicted was proven. Stress has impacted nearly every individual in our community in some way and for many the outcomes were tragic. Overdoses surpassed the height of the Opiate Epidemic in 2017, suicides are on the rise and particularly impacting those of color and our youth, anxiety has been reported by more people than ever before, and the increase in alcohol sales and consumption is at an all-time high.

The demand that has been placed on the community behavioral health system has been significant and challenging to navigate. The behavioral health system is experiencing a professional shortage across the nation, the state, and in our rural areas. Additionally, we are experiencing an increase of those in need of services. Those who are working in the behavioral health field are working hard and at times compromising their self-care. I am afraid relief is not coming soon enough.

I am extremely proud of the communities we serve and the compassion and commitment that individuals have demonstrated in helping one another. Community leaders have formed both formal and informal relationships with new players to ensure every person receives the resources and care that they need. We have had an increase in both private for-profit and private not-for-profit organizations joining our family of care. Workforce development efforts are underway to recruit, promote, and retain our existing workforce. Everyone recognizes the importance in bringing their talent, time, and resources to help expand our professional workforce and it is much appreciated.

Board of Directors

Chad Dunlap

Jan Roy

Barbara Link

Dan Marshman

LaVonne Ward

Jim Bronder

Steve Henderson

Amy Freymuth

Tyler Smith

Brooke Featheringham

Mary Early

Tracy Wright

Aaron McLaurine

David Collins

Scott Burden

Arlett Pollock-Evans

Robert Warren

Schools

Our continued commitment to improve and enhance services in all school districts continues to strengthen. Navigation Services are flourishing. District wide screenings are a priority for next school year. We anticipate the need to increase our Daytime Crisis services who respond to our schools as the demand has increased. This year we expanded our prevention services for DBT Steps A, the Blues Program and Catch My Breath. QPR trainings and resiliency workshops were provided to large audiences and small audiences to train on suicide awareness and self-care.

Behavioral Support Response to Schools

In response to school reports regarding difficult to manage behaviors and their impact on the student presenting with the behaviors, their peers and teachers, the behavioral support service was developed in partnership with the local Developmental Disability Boards who have a specialized skillset in behavioral support. The Behavioral Support service is activated through a referral for behavioral support by school personnel, specifically teachers, for a student in the schools. The Behavioral Support Specialist provides classroom observation, consultation, and strategies to support positive behavior modification, as well as a referral to other needed services. This service for Allen and Hardin County is provided by Allen County Board of Developmental Disabilities, for Auglaize County the service is provided by Strategies for Behavioral Management and began in March 2021 with 33 referrals in the last couple months of school. We have received a lot of positive feedback on the benefits of this service.

New Collaborations

It remains imperative that the Board identify and work with private treatment agencies to ensure that our community constituents have access to care. We have fully developed a new program that will provide an Employee Assistance Program to approximately 2,700 individuals plus their family members so they may receive treatment at no expense to them. They will also have access to providers across the state and a navigator to help them utilize all the benefits that come with an EAP alleviating some stress in the home. This service is expected to begin in the next fiscal year.

Mobile Crisis Service

We received federal funds to help improve our community response to homeless individuals and to assist our First Responders on non-criminal/non-medical calls. We are in the process of developing these programs and hope to have them implemented in FY 22.

Health Equity

We contracted with an individual to help develop our system of care and increase both health equity and cultural competence. As predicted this challenge comes with lots of growing pains for our system of care. The involvement and support of our communities of color has been overwhelming and motivating. The development of the African American Ambassador program and the work they have done has built bridges and trust that we will further develop and improve from.

FY 2021 ANNUAL REPORT

School-Based Prevention Services

Our focus is to provide on-site services to the schools to ensure students are being connected to services and are receiving evidence-based prevention services.

490 students were served in the schools for SBIRT screening services.

124 students were served in the schools in targeted mental health groups.

850 students were served in the schools in the drug and alcohol prevention program Refuse Remove Reasons.

1,471 students were served in the schools in the suicide prevention Lifelines program.

651 students were served in the schools in the drug and alcohol prevention program Too Good for Drugs.

1,009 students participated in youth-led Gatekeeper groups in 13 schools.

I-MIND

I-MIND is an evidence-informed education and early intervention substance use program for middle and high school youth. It gives youth the tools to avoid further substance use and helps them return to school or school programs quickly.

74 youth were served in I-MIND.

Behavioral Support School Response

Allen County Board of Developmental Disabilities (serving Allen and Hardin counties) and Strategies for Behavioral Management (serving Auglaize County) provide a 48-hour response to all school referrals for behavioral concerns to provide classroom observation, consultation, and strategies to support positive behavior and referral to need service. Service began March 2021.

33 Youth were served.

Mobile Response Stabilization Service

MRSS continued to expand and provide a valuable service this year to aid in resolving family's crises by providing skills and support in the home environment.

88 families were served by the MRSS team.

Family Stabilization Navigation

Family Stabilization Navigation is a new program developed this year in collaboration with local Children's Services Agencies. The goal of the program is to link parents to substance use treatment immediately to avoid removal of their children from the home. Currently serving Allen and Hardin counties.

105 families were served by Family Stabilization Navigation.

Crisis Stabilization Unit

The Crisis Stabilization Unit provided medically managed withdrawal and mental health treatment to more individuals.

863 individuals were served for mental health stabilization.

389 individuals were served for medically managed withdrawal.

Mobile Crisis Services

Mobile Crisis Services continue to be a high demand for the community with continued Daytime Crisis Services being offered at our local schools.

248 youth were served who were in crisis.

1,584 adults were served who were in crisis.

Housing

Housing continues to be a priority for the Mental Health & Recovery Services Board. Our goal is to continue to expand housing for those in need.

45 individuals were served in Supportive Housing.

201 individuals were served in Recovery Housing.

Criminal Justice

The Board has great collaboration with the courts, jails, prisons, and law enforcement to connect clients involved with the criminal justice system to services with a goal of expanding these services.

558 adults were served by Criminal Justice Coordinators.

Mercy Health Navigation

The Board helped to support St. Rita's Mercy Health with MAT navigation services at one of Mercy's medical practices.

581 adults receiving MAT services were provided navigation services to Outpatient and Recovery Support Services.

Mindwise Online Screening

The Board provides access to 14 free and anonymous online Mental Health and Substance Use Screening tools. Behavioral health is a key part of overall well-being. Brief screenings are the quickest way to determine if an individual or someone they care about should connect with a behavioral health professional. This program is completely anonymous and confidential, and immediately following the brief questionnaire individuals will see their results, recommendations, and key resources.

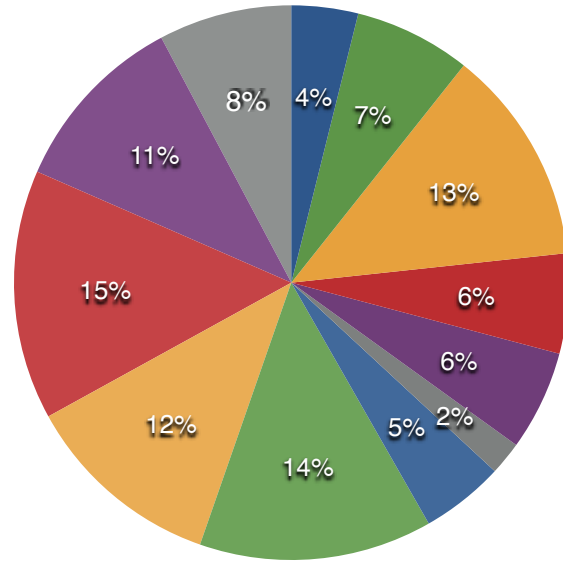
594 individuals utilized the screening tool

60% of those who took a screening indicating treatment would be beneficial stated that they would seek treatment.

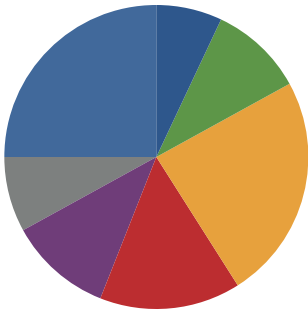
Non-Medicaid Services

\$ 392,781	Psychiatry
\$ 453,545	AOD Treatment
\$ 1,170,978	MH Treatment
\$ 541,084	We Care Crisis Center
\$ 527,915	Access
\$ 143,515	Peer Services
\$ 423,577	Prevention
\$ 1,250,091	Housing
\$ 1,109,527	School Based
\$ 1,364,138	Recovery Support/Criminal Justice
\$ 1,029,943	Board Services to Agencies
\$ 682,292	Board Admin
\$ 9,089,386	TOTAL

- Psychiatry 4%
- AOD Treatment 5%
- MH Treatment 13%
- We Care Crisis Center 6%
- Access 6%
- Peer Services 2%
- Prevention 5%
- Housing 14%
- School Based 12%
- Recovery/Criminal Justice 15%
- Board Services to Agencies 11%
- Board Admin 8%

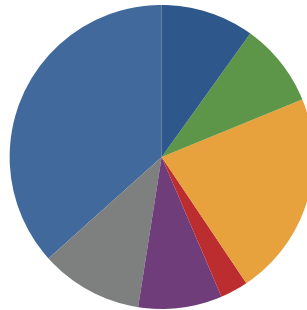


Funding Spent - Allen



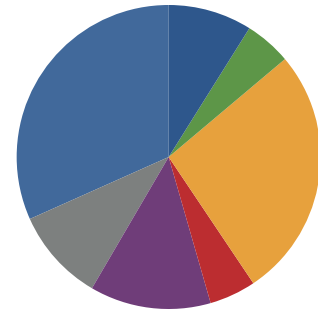
- Psychiatry 7%
- AOD Treatment 10%
- MH Treatment 24%
- We Care Crisis Center 15%
- Access 11%
- Prevention 8%
- Recovery/Criminal Justice 25%

Funding Spent - Auglaize



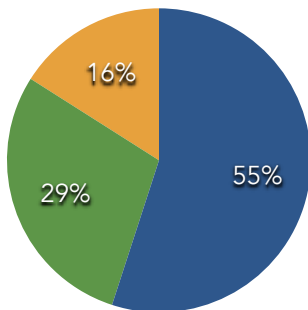
- Psychiatry 10%
- AOD Treatment 9%
- MH Treatment 22%
- We Care Crisis Center 3%
- Access 9%
- Prevention 11%
- Recovery/Criminal Justice 37%

Funding Spent - Hardin



- Psychiatry 9%
- AOD Treatment 5%
- MH Treatment 27%
- We Care Crisis Center 5%
- Access 13%
- Prevention 10%
- Recovery / Criminal Justice 32%

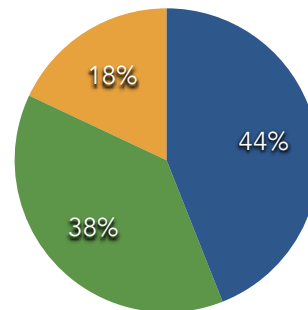
Levy Collections



- Allen 55%
- Auglaize 29%
- Hardin 16%

Allen	\$2,772,509
Auglaize	\$1,458,150
Hardin	\$ 823,019
TOTAL	\$5,053,678

Board Funding Breakdown



- Levy 44%
- State 38%
- Federal 18%

Levy	\$5,053,678
State	\$4,467,207
Federal	\$2,095,462
TOTAL	\$11,616,347